

Skincare Is All About Look After Your Skin Right? Wrong!!!

Discover how this girl clear her acne in 3 weeks with grandmother's skincare routine



Before

After

My Journey to the skin care:

When I did my training in dermatology department in Beijing hospital in 2014, I was shocked to find out how huge amount of people suffer from different skin condition, it made me wonder, because my grandmother used to tell me that, when she was a girl, they don't have such a complex skincare routine, all they have is the beeswax balm, And yet, the girls these days had beautiful skin.

I believed it, because my grandmother she is turning 94 this year, and her skin still looks like in her 60. Therefore, three questions raised in my head: **before all those skincare company emerge, how did people look after their skin? Is our modern skincare routine better than the traditional skincare? Is traditional skincare routine still applicable today?**

The grandmother's old fashion skincare routine, the skincare company doesn't want you know this

After I finished my training, I came back to Australia, I started to do some research in traditional Chinese herbal skincare routine (which my grandmother used to do), and I notice there is one key element is missing in modern skincare routine.

Traditional Chinese herbal skincare also talks about healthcare **A LOT**, you may say, my health is ok, but why my skin still like this? This is because in Chinese Medicine, there is a condition called subhealth, which means your body isn't really sick by definition, but you just feel that your body isn't function at optimal level.

This is the chronic condition constantly draining your energy away. The way that the body deal with this condition is to bring all the nourishment to support the vital organ, to make sure you are alive, which result in reduce the nourishment to the skin, which then cause various skin condition, such as poor skin healing, dry skin, aged skin, acne etc, therefore, **SKINCARE ISN'T JUST ABOUT LOOK AFTER YOUR SKIN!!!!!!**

This might be the reason why we have more skincare option then before, our skincare routine getting more and more complex, and we don't really necessary getting good results, we targeting the wrong spot. And I believe the traditional view still valid today, because the lifestyle we live in.

So, I started my business using grandmother's skincare routine, which already helped a lot of people to get their skin shine, just like the one in the picture above.

Who can benefit from grandmother's skincare?

People who looking for natural alternative way to look after their skin, then this is **perfect** for your, because back in old old days, chemical and preservative didn't even exist.

Also, people who tried many different skincare products and not getting result, grandmother skincare routine sometime can deliver surprising result.

What do we do in grandmother's skincare?

Not much to do, just apply grandmother's herbal balm twice a day, and take herbal capsule to harmonise your subhealth condition. Maximum time spending is 5 min per day.

Is it safe?

Our herbal supplier is an award-winning herbal manufacturer, their herbal ingredients met ISO 9001 standard, also this company have a rigorous quality control policy, with 16 inspection process, including heavy metals test, pesticides residual test, microbial test etc, I not going into too detail, too long.

What result am I expecting?

The patients usually have significant improvement on their skin condition with in 5 session, however, it can vary. some other side benefit might include: increase energy, less stress, more confident, reduce in sign of age.

About me

I graduated from UTS, as bachelor of health science: Traditional Chinese Medicine, I am current a national registered acupuncturist and herbalist, after I graduated, I focus on herbal skincare, and I help people to get the healthy skin quality base on traditional skincare method. If you wish to speak to me in regarding to your skin condition, feel free to TEXT me on 04333876278, please text only, because I am really busy with the clients, and may not always able to answer the phone

