

# Chronic Pain! What Can You Do?

## Call Xin Gu The Pain Terminator!!!



**Does pain stop you from doing thing you used to enjoy? Does pain affect your performance at work? Sick of painkillers? It's time to say STOP, life is too short to live with pain. Please read on to find out how you can defeat the pain, without medication and surgical procedure.**

### **WARNING:**

People might get too excited with the result, and start party all night, which can cause a lot of stress to the family and neighbours.

### **HOW?**

Do you know? Our body produces own pain relief substances? With appropriate technique, we can stimulate the production of these substances to enhance pain relief, and this technique already practiced for **OVER TWO THOUSAND YEARS**, this technique called acupuncture.

That's right, in fact, over the past decade, extensive research has been done on the neuro mechanism behind acupuncture analgesia, according to the article published in 2008, by institute of neurobiology in China, it suggests that acupuncture stimulate the production of various signal molecule such as opioid peptide, glutamate, 5-hydroxytryptamine and cholecystokinin octapeptide. These are all body's natural pain relief substances.

Since it is produced by your own body, therefore, its **NONE ADDICTIVE, LESS SIDE EFFECT** and most important of all, **EFFECTIVE PAIN RELIEF**.

### **Does it hurt?**

In our clinic, we use fine disposable Korean acupuncture needles, so you won't feel anything apart from mosquito bite like sensation on initial insertions.

### **But I am scared of needles!!!**

We can use Moxibustion instead, Moxibustion is a technique involve burning herbal incense above the acupoint, it uses the heat to stimulate the acupuncture point, which achieve the same effect, without needles, no pain at all.

### **Why Do I go for Xin Gu acupuncture?**

Xin Gu graduated as bachelor of health science: traditional Chinese medicine, he is now a national registered Acupuncturist and herbalist. After graduated, he also trained under Dr Xiao (master of acupuncture analgesia) in China to learn five element acupuncture, which is an ancient technique to stimulate the natural pain relief substance, since your body naturally produce it, therefore it is **NONE ADDICTIVE, LESS SIDE EFFECT** and **EFFECTIVE PAIN RELIEF**. No wonder why his patients like to call him "pain terminators"

### **Ideal patients.**

Anybody with pain.

### **What result and outcome am I expecting?**

Reduced pain  
Increase mobilities  
Increase confident.  
Better performance at work

Since Xin Gu is super busy in terminating the pain, he cannot always answer the phone, please TEXT to him on 0433387627